

MOUNTAIN GRIND RESULTS

INDIVIDUAL RESULTS

Bib	Name	Cat.	Place	Gen.Place	Cat. Place	Time
207	Matt Petranic	M30-39	1	1	1	00:42:55.0
235	Jody Schick	M40-49	2	2	1	00:45:55.0
45	Owen Coombes	M30-39	3	3	2	00:46:59.0
325	Damian Towns	M40-49	4	4	2	00:49:17.0
8	R. Avedon-Savage	M30-39	5	5	3	00:51:00.0
236	Lucy Schick	F15-19	6	1	1	00:51:20.0
171	Jake McGillivray	M40-49	7	6	3	00:51:31.0
28	Jack Bryson	M50-59	8	7	1	00:51:56.0
341	Jonathan Vroom	M30-39	9	8	4	00:53:23.0
225	Rick Roberts	M40-49	10	9	4	00:54:35.0
326	Peter Trenouth	M40-49	11	10	5	00:55:31.0
324	Barbara Towns	F30-39	12	2	1	00:55:34.0
238	Graham Schulz	M40-49	13	11	6	00:56:15.0
232	Jason Rusu	M40-49	14	12	7	00:56:30.0
24	Chris Boys	M20-29	15	13	1	00:56:50.0
88	Ester Gomez	F30-39	16	3	2	00:57:39.0
172	K. McGillivray	F30-39	17	4	3	00:57:48.0
177	Peter Metcalfe	M30-39	18	14	5	00:58:11.0
380	Darrell Waldock	M30-39	19	15	6	00:58:21.0
239	Nicolas Schwab	M30-39	20	16	7	00:58:25.0
351	Matt Watts	M20-29	21	17	2	00:58:31.0
70	Liam Elson	M14-	22	18	1	00:59:24.0
366	Ryan Daley	M30-39	23	19	8	00:59:40.0
317	Gray Taylor	M40-49	24	20	8	01:00:16.0
227	Josh Romer	M40-49	25	21	9	01:00:17.0
184	Thomas Monnier	M30-39	26	22	9	01:00:40.0
140	Barry Krangle	M60+	27	23	1	01:00:54.0
250	Brent Nichols	M40-49	28	24	10	01:00:57.0
343	Kevin Wade	M30-39	29	25	10	01:01:08.0
72	Jeanette Evans	F30-39	30	5	4	01:01:09.0
101	Jason Haines	M30-39	31	26	11	01:01:19.0
208	Eric Pinfold	M40-49	32	27	11	01:01:38.0
108	Jackie Hicks	F40-49	33	6	1	01:02:20.0
79	David Hazeze	M50-59	34	28	2	01:02:21.0
242	Heather Shantz	F30-39	35	7	5	01:02:44.0
40	Celia Clare	F30-39	36	8	6	01:03:10.0
200	Jonathan Parlee	M40-49	37	29	12	01:03:12.0
311	Patrick Stratis	M30-39	38	30	12	01:03:12.0
367	Kody Raymond	M20-29	39	31	3	01:03:13.0
89	Jose Gonzalez	M30-39	40	32	13	01:03:17.0
147	Tyler Langeloo	M40-49	41	33	13	01:03:30.0
146	Annika Langeloo	F30-39	42	9	7	01:03:34.0
44	Nadine Coombes	F30-39	43	10	8	01:03:55.0
169	Ian McDonald	M15-19	44	34	1	01:04:54.0
43	Alleyne Cook	M14-	45	35	2	01:04:55.0
141	Cher Lacoste	F30-39	46	11	9	01:05:10.0
321	Keaton Tietze	M20-29	47	36	4	01:05:42.0
95	Garth Graham	M40-49	48	37	14	01:06:15.0
240	Robert Seath	M30-39	49	38	14	01:06:28.0
33	Lorne Campbell	M60+	50	39	2	01:06:38.0
213	Kathrine Query	F40-49	51	12	2	01:06:48.0
59	Sara Disney	F30-39	52	13	10	01:06:56.0
352	D. Weinhandl	M60+	53	40	3	01:07:08.0
4	Chris Allen	M40-49	54	41	15	01:07:20.0
224	Lisa Roberts	F40-49	55	14	3	01:07:30.0
350	Curt Watts	M15-19	56	42	2	01:08:52.0
376	Trevor Scott	M50-59	57	43	3	01:08:56.0
223	Jacob Roberts	M20-29	58	44	5	01:09:09.0
342	Robbert Vroom	M60+	59	45	4	01:09:45.0
241	Richard Seymour	M30-39	60	46	15	01:09:53.0
319	Nicola Thompson	F30-39	61	15	11	01:09:54.0
103	Peter Hart	M40-49	62	47	16	01:11:11.0
23	Chris Boychuk	M30-39	63	48	16	01:11:24.0
244	Danielle Slavin	F30-39	64	16	12	01:11:41.0
217	Bobby Rebner	M30-39	65	49	17	01:11:59.0
145	Amy Lang	F30-39	66	17	13	01:11:59.0
175	M-J Mehlenbacher	F40-49	67	18	4	01:12:14.0
322	Norbert Tietze	M50-59	68	50	4	01:13:17.0
60	Brett Trefry	M30-39	69	51	18	01:13:55.0
143	Graham Lamb	M50-59	70	52	5	01:14:32.0
354	Joan Wiggins	F50-59	71	19	1	01:14:32.0
363	Marni Beggs	F40-49	72	20	5	01:14:32.0
361	Sheri Wood	F30-39	73	21	14	01:14:33.0
245	D. Shvartsman	M40-49	74	53	17	01:14:51.0
356	Deb Willis	F50-59	75	22	2	01:15:00.0
94	Andy Goyan	M40-49	76	54	18	01:15:20.0
349	Lydia Watson	F40-49	77	23	6	01:15:31.0

INDIVIDUAL RESULTS

Bib	Name	Cat.	Place	Gen.Place	Cat. Place	Time
118	Kate Vermeulen	F40-49	78	24	7	01:15:32.0
5	Lisa Allen	F40-49	79	25	8	01:17:30.0
309	Erin Storey	F40-49	80	26	9	01:17:31.0
310	Katherine Andres	F40-49	81	27	10	01:17:31.0
168	Ryan McCormick	M14-	82	55	3	01:17:51.0
21	Victor Bonnici	M50-59	83	56	6	01:18:18.0
323	Spencer Tietze	M20-29	84	57	6	01:18:35.0
320	Eric Tietze	M40-49	85	58	19	01:18:42.0
10	Trudy Baba	F60+	86	28	1	01:19:01.0
180	Scott Minch	M40-49	87	59	20	01:19:28.0
111	David Hird	M50-59	88	60	7	01:19:36.0
163	Robert Martin	M50-59	89	61	8	01:19:36.0
246	Kelly Shvartsman	F40-49	90	29	11	01:19:46.0
231	Richard Russell	M40-49	91	62	21	01:19:59.0
159	Carly Macmurchy	F40-49	92	30	12	01:20:22.0
120	Karin Johnson	F30-39	93	31	15	01:20:39.0
100	Elizabeth Haines	F20-29	94	32	1	01:21:05.0
214	Diana Rae	F50-59	95	33	3	01:22:17.0
329	Carrie Tuplin	F30-39	96	34	16	01:22:42.0
330	Tali Tuplin	F14-	97	35	1	01:22:43.0
328	Cadence Tuplin	F14-	98	36	2	01:22:43.0
331	Tristan Tuplin	M30-39	99	63	19	01:22:45.0
61	Heather Doherty	F30-39	100	37	17	01:23:11.0
333	Wendy Tweedy	F30-39	101	38	18	01:23:49.0
365	Angie Castro	F40-49	102	39	13	01:23:58.0
357	Cheryl Wilson	F40-49	103	40	14	01:24:27.0
359	Steve Wilson	M40-49	104	64	22	01:24:34.0
167	Cheryl McClements	F20-29	105	41	2	01:25:21.0
190	Chelsea Nelson	F20-29	106	42	3	01:25:21.0
187	Jillian Mutch	F20-29	107	43	4	01:25:26.0
67	Jordan Edwards	M20-29	108	65	7	01:27:52.0
191	Tracy Nelson	F40-49	109	44	15	01:27:52.0
211	Karine Poliquin	F20-29	110	45	5	01:27:52.0
222	Laura Rickard	F20-29	111	46	6	01:27:54.0
209	Emily Tredger	F20-29	112	47	7	01:27:54.0
183	Michele Mocellin	M40-49	113	66	23	01:27:54.0
6	Marisa Alps	F40-49	114	48	16	01:27:55.0
77	Karen Foley	F40-49	115	49	17	01:28:04.0
71	Andy Evans	M40-49	116	67	24	01:28:22.0
116	Sam Adams	M40-49	117	68	25	01:28:46.0
65	Marsha Drenka	F30-39	118	50	19	01:28:47.0
199	Darcy Palombi	M20-29	119	69	8	01:28:49.0
340	Cathy Verge	F50-59	120	51	4	01:29:53.0
90	Crystal Goodwin	F20-29	121	52	8	01:29:57.0
379	Susan Nattall	F50-59	122	53	5	01:30:05.0
228	Hana Rose	F40-49	123	54	18	01:30:50.0
46	Robyn Cooper	F30-39	124	55	20	01:30:50.0
83	Cecilia Garcia	F50-59	125	56	6	01:30:50.0
316	Alex Tang	M20-29	126	70	9	01:32:24.0
166	Charleigh Mathies	F40-49	127	57	19	01:33:11.0
13	Lorina Bates	F50-59	128	58	7	01:33:11.0
307	Pam Starnes	F40-49	129	59	20	01:33:12.0
115	Sonja Hugi	F50-59	130	60	8	01:34:39.0
64	Marilyn Downey	F50-59	131	61	9	01:34:40.0
126	Sharon Kartz	F50-59	132	62	10	01:34:40.0
335	Jane Van Klinken	F40-49	133	63	21	01:34:40.0
160	Sandy Magnusson	F40-49	134	64	22	01:34:40.0
63	Jamie Douglas	M15-19	135	71	3	01:35:03.0
109	Emily Hinds	F14-	136	65	3	01:35:05.0
110	Mona Hinds	F40-49	137	66	23	01:35:05.0
86	Shelby Gibson	F15-19	138	67	2	01:35:05.0
85	Chad Gibson	M40-49	139	72	26	01:35:06.0
165	Julia Massullo	F14-	140	68	4	01:36:18.0
93	Ella Nya Goulette	F14-	141	69	5	01:36:19.0
124	Lulu Kammerle	F14-	142	70	6	01:36:36.0
127	Hannah Kennedy	F14-	143	71	7	01:36:37.0
164	Jessica Massullo	F14-	144	72	8	01:36:38.0
78	Joshua Fowler	M14-	145	73	4	01:36:43.0
31	Clayton Burrows	M14-	146	74	5	01:36:44.0
99	Petra Haas	F40-49	147	73	24	01:36:47.0
221	C. Hendricks	M20-29	148	75	10	01:36:48.0
107	Adam Helfer	M30-39	149	76	20	01:36:49.0
68	Brian Elliott	M30-39	150	77	21	01:36:51.0
344	Karly Wager	F30-39	151	74	21	01:36:51.0
378	Paul Krasnikoff	M30-39	152	78	22	01:36:51.0
377	Dom Fisher	F30-39	153	75	22	01:36:51.0
138	Cathy Kovacs	F40-49	154	76	25	01:37:41.0

MOUNTAIN GRIND RESULTS

INDIVIDUAL RESULTS

Bib	Name	Cat.	Place	Gen.Place	Cat. Place	Time
1	Wanda Abel	F50-59	155	77	11	01:38:51.0
243	Candace Sharp	F20-29	156	78	9	01:39:17.0
205	Catherine Pedretti	F50-59	157	79	12	01:39:56.0
121	Sharon Johnson	F30-39	158	80	23	01:39:56.0
185	Sarita Moodie	F40-49	159	81	26	01:40:04.0
80	Aleisha Friesen	F30-39	160	82	24	01:40:05.0
76	Naomi Fleschhut	F40-49	161	83	27	01:40:05.0
117	Sarah Stenzel	F30-39	162	84	25	01:40:29.0
38	Jasmin Chana	F20-29	163	85	10	01:41:10.0
92	Nicola Goshulak	F20-29	164	86	11	01:41:11.0
35	Brianna Cerkiewicz	F20-29	165	87	12	01:41:11.0
360	Krista Wollen	F30-39	166	88	26	01:42:22.0
128	Tricia Klein	F30-39	167	89	27	01:42:37.0
355	Kristin Wilkes	F30-39	168	90	28	01:42:37.0
11	Laurie Barnhart	F40-49	169	91	28	01:42:58.0
2	Kristin Achterberg	F30-39	170	92	29	01:42:58.0
170	Laura McGiffin	F20-29	171	93	13	01:43:44.0
176	Dillon Mennie	M20-29	172	79	11	01:43:45.0
137	Shannon Kostiuck	F30-39	173	94	30	01:44:00.0
136	Rayne Kostiuck	M14-	174	80	6	01:44:01.0
135	Teegan Koch	F14-	175	95	9	01:45:29.0
196	Sarah Noel	F14-	176	96	10	01:45:29.0
192	Anne Nikodem	F40-49	177	97	29	01:46:24.0
229	Kat Roussos	F40-49	178	98	30	01:46:24.0
230	Erika Royall	F40-49	179	99	31	01:47:51.0
148	Wendy Lawson	F40-49	180	100	32	01:47:52.0
173	Michelle McIntosh	F40-49	181	101	33	01:47:52.0
87	Liesel Gilson	F50-59	182	102	13	01:47:53.0
26	Shannon Brossard	F40-49	183	103	34	01:47:54.0
206	Skyler Pepin	F40-49	184	104	35	01:47:55.0
212	Daniele Poulin	F40-49	185	105	36	01:47:55.0
364	Alana Nedergard	F40-49	186	106	37	01:47:56.0
19	Katrina Bishop	F50-59	187	107	14	01:48:05.0
16	Izabella Biddulph	F14-	188	108	11	01:48:07.0
195	Megan Noel	F30-39	189	109	31	01:48:07.0
194	Kailey Noel	F14-	190	110	12	01:48:15.0
193	Emma Noel	F14-	191	111	13	01:48:19.0
152	Sarah Linnmann	F14-	192	112	14	01:49:03.0
368	Elena Alps Mocelin	F14-	193	113	15	01:49:11.0
112	Brenda Houle	F40-49	194	114	38	01:50:21.0
201	Lauri Paul	F50-59	195	115	15	01:50:22.0
75	Pierre Ferronato	M40-49	196	81	27	01:50:24.0
123	Anna Kajda	F40-49	197	116	39	01:50:24.0
105	Dana Heerschop	F40-49	198	117	40	01:50:26.0
74	Megan Ferronato	F40-49	199	118	41	01:50:35.0
345	Cliff Wagman	M50-59	200	82	9	01:50:37.0
106	Will Heerschop	M40-49	201	83	28	01:50:37.0
91	Sarah Gooldrup	F14-	202	119	16	01:50:40.0
81	Merideth Frost	F40-49	203	120	42	01:50:44.0
315	Satsuki Takazaki	F40-49	204	121	43	01:50:49.0
181	Craig Minett	M40-49	205	84	29	01:50:49.0
144	Dianne Lane	F60+	206	122	2	01:50:49.0
157	Shawn Mabey	M50-59	207	85	10	01:50:51.0
216	Len Randle	M50-59	208	86	11	01:50:51.0
332	Shannon Turner	F30-39	209	123	32	01:51:15.0
22	Vikki Bothwell	F30-39	210	124	33	01:51:16.0
247	Linda Sibbald	F40-49	211	125	44	01:53:21.0
204	Rosalie Pedneault	F50-59	212	126	16	01:54:06.0
114	Dawn Hughes	F50-59	213	127	17	01:54:06.0
237	Dawn Schroeder	F40-49	214	128	45	01:54:07.0
41	Julie Clarke	F30-39	215	129	34	01:54:07.0
248	Jules Smith	F50-59	216	130	18	01:54:08.0
47	Sarah Cormack	F40-49	217	131	46	01:54:09.0
161	Cathy Maniwa	F40-49	218	132	47	01:54:10.0
155	Joah Lui	F40-49	219	133	48	01:54:10.0
162	Kai Maniwa Brodie	M14-	220	87	7	01:54:10.0
347	Ben Santiago Walker	M14-	221	88	8	01:54:10.0
156	Asha Lui-Heneke	F14-	222	134	17	01:54:10.0
186	Jeannette Muirhead	F14-	223	135	18	01:54:11.0
151	Courtney Leeming	F20-29	224	136	14	01:54:25.0
3	Jackie Adebhar	F30-39	225	137	35	01:54:27.0
42	George Connell	M60+	226	89	5	01:54:40.0
58	Jenna Dionisio	F15-19	227	138	3	01:57:21.0
203	Jessica Paulus	F15-19	228	139	4	01:57:21.0
96	Kelsey Greening	F15-19	229	140	5	01:57:21.0
29	Indinana Buchinski	F14-	230	141	19	01:57:22.0
34	Freya Carson	F15-19	231	142	6	01:57:22.0

INDIVIDUAL RESULTS

Bib	Name	Cat.	Place	Gen.Place	Cat. Place	Time
226	Jessica Romegioli	F15-19	232	143	7	01:57:22.0
30	Miranda Buchinski	F15-19	233	144	8	01:57:22.0
122	Lyssa Kaehler-Smith	F30-39	234	145	36	01:57:52.0
338	K. Vanderwoerd	F14-	235	146	20	01:58:50.0
337	Katzie Vanderwoerd	F14-	236	147	21	01:58:50.0
131	Shay Kleinsorge	M50-59	237	90	12	01:58:51.0
318	Randi Thomas	F30-39	238	148	37	01:58:53.0
313	Charlotte Summers	F14-	239	149	22	01:58:53.0
129	B. Kleinsorge	M20-29	240	91	12	01:58:54.0
102	Donna Harrison	F60+	241	150	3	01:58:54.0
197	Nina Nygren	F40-49	242	151	49	01:58:55.0
130	Patti Kleinsorge	F50-59	243	152	19	01:58:55.0
336	Adam Vanderwoerd	M30-39	244	92	23	01:58:56.0
314	Matt Summers	M30-39	245	93	24	01:58:56.0
339	S. Vanderwoerd	F30-39	246	153	38	01:58:57.0
312	Carson Summers	M14-	247	94	9	01:58:58.0
234	Logan Sas	M14-	248	95	10	02:01:26.0
233	Kristina Sas	F40-49	249	154	50	02:01:27.0
7	Karin Apolzer	F30-39	250	155	39	02:01:31.0
308	Jeanette Stenzel	F30-39	251	156	40	02:01:32.0
57	Jesse Dickeson	M30-39	252	96	25	02:01:33.0
154	Janice Logan	F30-39	253	157	41	02:01:33.0
39	Dawne Clancy	F40-49	254	158	51	02:04:17.0
20	Jennifer Perchall	F40-49	255	159	52	02:04:18.0
210	Carl Pitman	M40-49	256	97	30	02:04:19.0
36	Chris Chalke	M40-49	257	98	31	02:04:19.0
104	Erin Haupt	F40-49	258	160	53	02:04:20.0
375	Ryan Nimilowich	M30-39	259	99	26	02:05:19.0
374	Lacey Goldsmith	F30-39	260	161	42	02:05:20.0
373	Amy Goldsmith	F30-39	261	162	43	02:05:21.0
179	La Trinidad Mina	F30-39	262	163	44	02:05:37.0
178	Jan Miettinen	F50-59	263	164	20	02:09:31.0
9	Adrienne Baba	F40-49	264	165	54	02:10:14.0
353	Tara Wigard	F30-39	265	166	45	02:10:16.0
69	Kathy Elson	F40-49	266	167	55	02:10:16.0
249	Gail Snedden	F50-59	267	168	21	02:10:17.0
49	Starr Custance	F30-39	268	169	46	02:10:18.0
119	Denise Jensen	F50-59	269	170	22	02:12:38.0
12	Janice Barrow	F60+	270	171	4	02:12:39.0
153	Jacquie Lizee	F50-59	271	172	23	02:12:39.0
66	Pamela Duffy	F50-59	272	173	24	02:12:39.0
334	Atty Van Der Heide	F40-49	273	174	56	02:12:40.0
73	Claire Fearnley	F20-29	274	175	15	02:16:26.0
174	Nicole McMillan	F40-49	275	176	57	02:16:27.0
48	Abbie Corman	F40-49	276	177	58	02:20:32.0
82	Paige Gagne	F20-29	277	178	16	02:23:17.0
198	Chris Odgaard	M40-49	278	100	32	02:23:17.0
220	Andrew Marsh	M20-29	279	101	13	02:31:14.0
372	Taylor Green	F14-	280	179	23	02:31:14.0
371	Samantha Green	F15-19	281	180	9	02:31:14.0
219	Shannon Reid	F40-49	282	181	59	02:31:14.0
134	Pauline Kloyber	F40-49	283	182	60	02:31:14.0
15	Graydon Benner	M20-29	284	102	14	02:31:16.0
133	Noah Kloyber	M14-	285	103	11	02:31:17.0
218	Carlyn Reid	F20-29	286	183	17	02:31:17.0
369	Gina Green	F40-49	287	184	61	02:31:21.0
370	Jeff Green	M40-49	288	104	33	02:31:22.0
132	Adrian Kloyber	M40-49	289	105	34	02:31:34.0
150	Shelby Leech	F20-29	290	185	18	02:53:20.0
139	Heidi Kozlof	F30-39	291	186	47	02:53:20.0

10 KM OBSTACLE COURSE

TEAM RESULTS - OPEN TEAMS

**** TEAM SCORING = AVERAGE TIME FOR 4 FASTEST PARTICIPANTS ****

1.	3:40:35	Isl Engineering	(55:09)	
1	51:00	Richard Avedon-Savage	9 (1:27:52)	Jordan Edwards
2	56:15	Graham Schulz	10 (1:27:52)	Karine Poliquin
3	56:30	Jason Rusu	11 (1:27:54)	Laura Rickard
4	56:50	Chris Boys	12 (1:28:46)	Sam Adams
5	(57:39)	Ester Gomez	13 (1:28:47)	Marsha Drenka
6	(58:25)	Nicolas Schwab	14 (1:28:49)	Darcy Palombi
7	(1:03:17)	Jose Gonzalez		
8	(1:20:39)	Karin Johnson		

MOUNTAIN GRIND RESULTS

10 KM OBSTACLE COURSE

TEAM RESULTS - OPEN TEAMS

** TEAM SCORING = AVERAGE TIME FOR 4 FASTEST PARTICIPANTS **

2.	3:42:42	Offcoast Invasion	(55:41)		
1	49:17	Damian Towns	6 (1:03:30)	Tyler Langeloo	
2	55:31	Peter Trenouth	7 (1:03:34)	Annika Langeloo	
3	55:34	Barbara Towns	8 (1:05:10)	Cher Lacoste	
4	1:02:20	Jackie Hicks	9 (1:12:14)	Mary-Jane Mehlenbacher	
5	(1:02:21)	David Frazee			
3.	4:14:43	Sapsuckers	(1:03:41)		
1	54:35	Rick Roberts	4 1:11:41	Danielle Slavin	
2	1:00:57	Brent Nichols	5 (1:54:40)	George Connell	
3	1:07:30	Lisa Roberts			
4.	4:45:24	Bruise Willis	(1:11:21)		
1	1:01:38	Eric Pinfold	5 (1:27:54)	Emily Tredger	
2	1:09:09	Jacob Roberts	6 (1:57:52)	Lyssa Kaehler-Smith	
3	1:14:51	Dimitri Shvartsman			
4	1:19:46	Kelly Shvartsman			
5.	4:55:53	Muddy Mamas	(1:13:59)		
1	1:07:20	Chris Allen	5 (1:17:31)	Erin Storey	
2	1:15:31	Lydia Watson	6 (1:17:31)	Katherine Andres	
3	1:15:32	Kate Vermeulen			
4	1:17:30	Lisa Allen			
6.	4:56:16	Team Tietze	(1:14:04)		
1	1:05:42	Keaton Tietze	4 1:18:42	Eric Tietze	
2	1:13:17	Norbert Tietze			
3	1:18:35	Spencer Tietze			
7.	5:09:09	Sunshine Coast Search And Rescue	(1:17:18)		
1	1:01:19	Jason Haines	4 1:28:22	Andy Evans	
2	1:11:24	Chris Boychuk			
3	1:28:04	Karen Foley			
8.	5:30:53	Just Cuz	(1:22:44)		
1	1:22:42	Carrie Tuplin	4 1:22:45	Tristan Tuplin	
2	1:22:43	Tali Tuplin			
3	1:22:43	Cadence Tuplin			
9.	6:18:39	Sea To Tree	(1:34:40)		
1	1:34:39	Sonja Hugi	4 1:34:40	Jane Van Klinken	
2	1:34:40	Marilyn Downey	5 (1:34:40)	Sandy Magnussen	
3	1:34:40	Sharon Kartz			
10.	6:20:21	Hulagans	(1:35:06)		
1	1:35:05	Emily Hinds	4 1:35:06	Chad Gibson	
2	1:35:05	Mona Hinds			
3	1:35:05	Shelby Gibson			
11.	6:22:32	Ain't No Mountain High Enough	(1:35:38)		
1	1:33:11	Charleigh Mathies	4 1:42:58	Laurie Barnhart	
2	1:33:11	Lorina Bates	5 (1:42:58)	Kristin Achterberg	
3	1:33:12	Pam Starnes			
12.	6:25:17	Multi Gen	(1:36:20)		
1	1:35:03	Jamie Douglas	5 (1:36:48)	Christopher Hendricks	
2	1:36:43	Joshua Fowler	6 (1:36:49)	Adam Helfer	
3	1:36:44	Clayton Burrows			
4	1:36:47	Petra Haas			

13.	6:25:50	Lock N Load	(1:36:28)		
1	1:36:18	Julia Massullo	4 1:36:37	Hannah Kennedy	
2	1:36:19	Ella Nya Goulette	5 (1:36:38)	Jessica Massullo	
3	1:36:36	Lulu Kammerle			
14.	6:27:24	SCCU	(1:36:51)		
1	1:36:51	Brian Elliott	4 1:36:51	Dom Fisher	
2	1:36:51	Karly Wager			
3	1:36:51	Paul Krasnikoff			
15.	6:40:01	The Dirty Dotters	(1:40:01)		
1	1:39:56	Catherine Pedretti	4 1:40:05	Aleisha Friesen	
2	1:39:56	Sharon Johnson	5 (1:40:05)	Naomi Fleschhut	
3	1:40:04	Sarita Moodie			
16.	7:07:10	Rainbow Unicorns	(1:46:48)		
1	1:45:29	Teegan Koch	5 (1:48:15)	Kailey Noel	
2	1:45:29	Sarah Noel	6 (1:48:19)	Emma Noel	
3	1:48:05	Katrina Bishop			
4	1:48:07	Megan Noel			
17.	7:11:28	Team Camel Toe	(1:47:52)		
1	1:47:51	Erika Royall	6 (1:47:55)	Skylar Pepin	
2	1:47:52	Wendy Lawson	7 (1:47:55)	Daniele Poulin	
3	1:47:52	Michelle McIntosh	8 (1:47:56)	Alana Nedergard	
4	1:47:53	Liesel Gilson			
5	(1:47:54)	Shannon Brossard			
18.	7:17:09	#boobsweat	(1:49:18)		
1	1:23:49	Wendy Tweedy	4 2:20:32	Abbie Corman	
2	1:46:24	Anne Nikodem	3 1:46:24	Kat Roussos	
19.	7:17:20	London Drugs	(1:49:20)		
1	1:32:24	Alex Tang	5 (2:16:27)	Nicole McMillan	
2	1:37:41	Cathy Kovacs	6 (2:23:17)	Paige Gagne	
3	1:50:49	Satsuki Takazaki	7 (2:23:17)	Chris Odgaard	
4	2:16:26	Claire Fearnley			
20.	7:21:31	Dynamicallydirtyduo	(1:50:23)		
1	1:50:21	Brenda Houle	7 (1:50:37)	Cliff Wagman	
2	1:50:22	Lauri Paul	8 (1:50:37)	Will Heerschop	
3	1:50:24	Pierre Ferronato	9 (1:50:49)	Craig Minett	
4	1:50:24	Anna Kajda	10 (1:50:51)	Shawn Mabey	
5	(1:50:26)	Dana Heerschop	11 (1:50:51)	Len Randle	
6	(1:50:35)	Megan Ferronato			
21.	7:24:56	The Glass Doctors	(1:51:14)		
1	1:08:56	Trevor Scott	4 2:05:21	Amy Goldsmith	
2	2:05:19	Ryan Nimilowich			
3	2:05:20	Lacey Goldsmith			
22.	7:36:26	Texada Island Terra Sisters	(1:54:07)		
1	1:54:06	Rosalie Pedneault	4 1:54:07	Julie Clarke	
2	1:54:06	Dawn Hughes			
3	1:54:07	Dawn Schroeder			
23.	7:36:37	Muddy Buddies	(1:54:10)		
1	1:54:08	Jules Smith	6 (1:54:10)	Ben Santiago Walker	
2	1:54:09	Sarah Cormack	7 (1:54:10)	Asha Lui-Heneke	
3	1:54:10	Cathy Maniwa	8 (1:54:11)	Jeanette Muirhead	
4	1:54:10	Joah Lui	5 (1:54:10)	Kai Maniwa Brodie	

MOUNTAIN GRIND RESULTS

10 KM OBSTACLE COURSE

TEAM RESULTS - OPEN TEAMS

** TEAM SCORING = AVERAGE TIME FOR 4 FASTEST PARTICIPANTS **

24.	7:38:38	Totem Lodge	(1:54:40)		
1	1:38:51	Wanda Abel	5	(2:10:16)	Kathy Elson
2	1:39:17	Candace Sharp	6	(2:10:17)	Gail Snedden
3	2:10:14	Adrienne Baba	7	(2:10:18)	Starr Custance
4	2:10:16	Tara Wigard			
25.	7:49:25	Dirty Little Mudders	(1:57:22)		
1	1:57:21	Jenna Dionisio	5	(1:57:22)	Freya Carson
2	1:57:21	Jessica Paulus	6	(1:57:22)	Jessica Romegioli
3	1:57:21	Kelsey Greening	7	(1:57:22)	Miranda Buchinski
4	1:57:22	Indinana Buchinski			
26.	7:55:24	The Family	(1:58:51)		
1	1:58:50	Kennedy Vanderwoerd	8	(1:58:55)	Nina Nygren
2	1:58:50	Katzie Vanderwoerd	9	(1:58:55)	Patti Kleinsorge
3	1:58:51	Shay Kleinsorge	10	(1:58:56)	Adam Vanderwoerd
4	1:58:53	Randi Thomas	11	(1:58:56)	Matt Summers
5	(1:58:53)	Charlotte Summers	12	(1:58:57)	Shannon Vanderwoerd
6	(1:58:54)	Bonehead Kleinsorge	13	(1:58:58)	Carson Summers
7	(1:58:54)	Donna Harrison			
27.	8:06:09	Sunshine Coast Roller Girls	(2:01:33)		
1	2:01:31	Karin Apolzer	4	2:01:33	Janice Logan
2	2:01:32	Jeanette Stenzel			
3	2:01:33	Jesse Dickeson			
28.	8:17:13	Lehigh	(2:04:19)		
1	2:04:17	Dawne Clancy	4	2:04:19	Chris Chalke
2	2:04:18	Jennifer Perchall	5	(2:04:20)	Erin Haupt
3	2:04:19	Carl Pitman			
29.	8:47:27	Geriatric Scrambled Leg Grinders	(2:11:52)		
1	2:09:31	Jan Miettinen	5	(2:12:39)	Pamela Duffy
2	2:12:38	Denise Jensen	6	(2:12:40)	Atty Van Der Heide
3	2:12:39	Janice Barrow			
4	2:12:39	Jacquie Lizee			
30.	10:04:58	Bush Sisters And Bros	(2:31:15)		
1	2:31:14	Andrew Marsh	6	(2:31:17)	Carlyn Reid
2	2:31:14	Shannon Reid	7	(2:31:21)	Gina Green
3	2:31:14	Pauline Kloyber	8	(2:31:22)	Jeff Green
4	2:31:16	Graydon Benner	9	(2:31:34)	Adrian Kloyber
5	(2:31:17)	Noah Kloyber			